Resources

**WORDS HURT HEAL**

www.words.albanycountyda.com

**THE WORLD NEEDS MORE LOVE LETTERS.**

www.moreloveletters.com

**FREE Rice**

www.freerice.com/category

**SUICIDE PREVENTION LIFELINE**

1-800-273-TALK (8255)

www.suicidepreventionlifeline.org/

**THE KINDNESS Rocks PROJECT**

www.thekindnessrocksproject.com/

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**Programs and Resources**

- www.words.albanycountyda.com
- www.moreloveletters.com
- www.freerice.com/category
- www.suicidepreventionlifeline.org/
- www.thekindnessrocksproject.com/

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**Community Volunteering @ Your Library**

Inside and Out

YSS Spring Conference 2018
The library has an excellent opportunity to fulfill a need for today's young adults. This generation is socially active and goal oriented. They want to help and take action. By providing community service opportunities, we are able to reach more teens and make an impact in our communities. This type of programming also creates adult advocates, who appreciate the work the teens are doing and will speak out on their behalf. It's a win-win program!

"I have found that among its other benefits, giving liberates the soul of the giver."
- Maya Angelou

**Programs and Resources**

**Programs @ the Library**
- Pay it Forward Campaign
- Kindness Club
- Humane Society Drive
- Food Drive
- Refugee Drive
- Clothing Drive
- Suicide Awareness
- Mental Health Awareness
- Domestic Violence Awareness
- Book Drive
- Benefit concert
- Craft kits for hospitals
- Knitting Club (blankets)
- Anti-Bullying Campaign
- Bookmark/Sticky note Project
- FreeRice to fight hunger
- Organize a walk
- Awareness Display
- Teen-Led Youth Programs

**Programs outside the Library**
- Reading to nursing home residents
- Board games in nursing home
- Food pantry sorting
- Park clean up
- Veterans Center
- Ronald McDonald House
- Meals at Shelters
- Park programs
- Historic site renovation
- Trail Clean-Up
- Re-planting opportunities (environmental service)
- Local farm help
- Town government (collating, organizing, stuffing envelops)
- Volunteering for a run/walk
- Set up a library letter box
- Little Free Library